Strategy Shares ETFs

Notification of Sources of Distributions Pursuant to Rule 19a-1 under the Investment Company Act of 1940

As noted in the table below, certain series of Strategy Shares (individually, a "Fund" and collectively, the "Funds") made income distributions in October 2022 for which a portion is estimated to be in excess of the Funds' current and accumulated net income for book purposes. As of October 12, 2022, the estimated sources of these distributions were as follows (amounts represent dollars per share):

October 12, 2022			
Fund	Ticker	Net Income	Capital Sources
Strategy Shares Gold-Hedged Bond ETF	GLDB	0.031913	N/A
Strategy Shares Nasdaq 7HANDL™ Index ETF	HNDL	0.054795	0.055689
Strategy Shares Nasdaq 5HANDL™ Index ETF	FIVR	0.064340	0.018244

The ultimate sources of these distributions may vary from the estimates provided above due to a variety of factors, including future income. Final tax information for the Funds will not be available and reported to shareholders until the end of the year.

As a result, shareholders should not use the information provided in this notice for tax reporting purposes.

Notice to Broker-Dealers: This notice should be provided to the underlying shareholders.

Please visit www.StrategySharesETFS.com/distributions/ for more information and to sign up for electronic distribution notices.